



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Questions? Contact us at 507-831-0672						1
2	3 Boot Camp 6A Gentle Yoga 4:15P Power Row 5:30P TKD 6:15P	4 Boot Camp 6A WIM 6:15A S. Sneakers 9A	5Fit Row 5:45A Gentle Yoga 9A Strength 10:15A Power Row 5:15P TKD 6:15P	6 Boot Camp 6A WIM 6:15A S. Sneakers 9A Zumba 5P	7 Fit Row 5:45A Gentle Yoga 9A Power Row 5P	8 
9	10 MMA Fit 5A Boot Camp 6A Gentle Yoga 4:15P Power Row 5:30P TKD 6:15P	11 Boot Camp 6A S. Sneakers 9A	12 MMA Fit 5A Fit Row 5:45A Gentle Yoga 9A Strength 10:15A Power Row 5:15P TKD 6:15P	13 Boot Camp 6A WIM 6:15A S. Sneakers 9A Strong by Zumba 5P	14 MMA Fit 5A Fit Row 5:45A Gentle Yoga 9A Power Row 5P	15
16 	17 MMA Fit 5A Boot Camp 6A Gentle Yoga TBA Power Row 5:30P TKD 6:15P	18 Boot Camp 6A WIM 6:15A	19 MMA Fit 5A Fit Row 5:45A Gentle Yoga 9A Strength 10:15A Power Row 5:15P TKD 6:15P	20 WIM 6:15A Zumba 5P	21 MMA Fit 5A Fit Row 5:45A Gentle Yoga 9A Power Row 5P	22
23	24 MMA Fit 5A Gentle Yoga 4:15P Power Row 5:30P TKD 6:15P	25 WIM 6:15A S. Sneakers 9A	26 MMA Fit 5A Fit Row 5:45A Gentle Yoga 9A Strength 10:15A Power Row 5:15P TKD 6:15P	27 WIM 6:15A S. Sneakers 9A Strong by Zumba 5P	28 MMA Fit 5A Fit Row 5:45A Gentle Yoga 9A Power Row 5P	29
30						Silver Sneakers class open to everyone. Non-Silver Sneakers members must pay 25 cents per class.