



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Questions?</b> Contact us at 507-831-0672						1
2	3 Open Yoga 10A	4 S. Strength 10A  Zumba 5P TKD 6:15P	5 Fit Row 5:45A  Gentle Yoga 4:30P Power Row 5:45P	6 <b>Boot Camp 6A</b> S. Strength 10A Strength 4:15P Fit Mash-Up 5P TKD 6:15P	7 <b>Fit Row 5:45A</b> Open Yoga 10A  Power Row 5P	8
9	10 <b>Boot Camp 6A</b> Open Yoga 10A	11 <b>Boot Camp 6A</b> S. Strength 10A  Zumba 5P TKD 6:15P	12 Fit Row 5:45A  Gentle Yoga 4:30P Power Row 5:45P	13 <b>Boot Camp 6A</b> S. Strength 10A Strength 4:15P Fit Mash-Up 5P TKD 6:15P	14 <b>Fit Row 5:45A</b> Open Yoga 10A  Power Row 5P	15
16	17 <b>Boot Camp 6A</b> Open Yoga 10A	18 <b>Boot Camp 6A</b> S. Strength 10A  Zumba 5P TKD 6:15P	19 Fit Row 5:45A  Gentle Yoga 4:30P Power Row 5:45P	20 <b>Boot Camp 6A</b> S. Strength 10A Strength 4:15P Fit Mash-Up 5P TKD 6:15P	21 <b>Fit Row 5:45A</b> Open Yoga 10A  Power Row 5P	22
23	24 <b>Holiday Yoga 10A</b> 	25 	26 Fit Row 5:45A  Gentle Yoga 4:30P Power Row 5:45P	27 S. Strength 10A  Strength TBA Fit Mash-Up TBA TKD 6:15P	28 <b>Fit Row 5:45A</b> Open Yoga 10A  Power Row 5P	29
30	31 <b>Holiday Yoga 10A</b> 					