



AUGUST 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Please be aware of schedule and/or time changes! Thank You :)</p>			<p>1 Fit Row 5:45A TJQ 9A Jenn Yoga 4:30P JROW 5:45P</p>	<p>2 Boot Camp 6A S. Strength 9A Jenn Yoga 10A TKD 6:30P</p>	<p>3 Fit Row 5:45A Jenn Yoga 9A</p>	4
5	<p>6 Boot Camp 6A TJQ 9A Open Yoga 10A JROW 6P</p>	<p>7 Boot Camp 6A S. Strength 9A JROW 5P</p>	<p>8 Fit Row 5:45A Jenn Yoga 4:30P JROW 5:45P</p>	<p>9 Boot Camp 6A S. Strength 9A Jenn Yoga 10A TKD 6:30P</p>	<p>10 Fit Row 5:45A Jenn Yoga 9A</p>	11
12	<p>13 Boot Camp 6A TJQ 9A Jenn Yoga 10A</p>	<p>14 Boot Camp 6A S. Strength 9A JROW 5P</p>	<p>15 Fit Row 5:45A TJQ 9A Jenn Yoga TBA JROW 5:45P</p>	<p>16 Boot Camp 6A S. Strength 9A TKD 6:30P</p>	<p>17 Fit Row 5:45A Open Yoga 10A</p>	18
19	<p>20 Boot Camp 6A TJQ 9A Open Yoga 10A</p>	<p>21 Boot Camp 6A S. Strength 9A JROW 5P</p>	<p>22 Fit Row 5:45A TJQ 9A Jenn Yoga 4:30P JROW 5:45P</p>	<p>23 Boot Camp 6A S. Strength 9A TKD 6:30P</p>	<p>24 Fit Row 5:45A Jenn Yoga 9A</p>	25
26	<p>27 Boot Camp 6A TJQ 9A Open Yoga 10A JROW 6P</p>	<p>28 Boot Camp 6A S. Strength 9A JROW 5P</p>	<p>29 Fit Row 5:45A TJQ 9A JROW 5:45P</p>	<p>30 Boot Camp 6A S. Strength 9A TKD 6:30P</p>	<p>31 Fit Row 5:45A Jenn Yoga 9A</p>	<p>Questions/Concerns Contact: Jamie Medina Comm. Health and Wellness Coordinator 507-831-0673</p>