



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>507-831-0672</p>	<p>Please be aware of Schedule, and/or time changes. Thank You!</p>			<p>1 BC SilverStrength 10am Strength 4:15pm Jenn Zumba 5pm</p>	<p>2 FitRow 5:45am Yoga 10am Tae Kwon Do 5pm</p>	
4	<p>5 BC <u>Tai Ji Quan 9am</u> Yoga 10am Cindi Zumba 5pm JRow 6:15pm</p>	<p>6 BC SilverStrength 10am Yoga 10am JRow 6:15pm</p>	<p>7 <u>Tai Ji Quan 9am</u> Gentle Yoga 4:30pm Vinyasa Yoga 5:30pm JRow 6:45pm</p>	<p>8 BC SilverStrength 10am Strength 4:15pm Jenn Zumba 5pm Tae Kwon Do 6:30</p>	<p>9 Yoga 10am Tae Kwon Do 6:30pm</p>	10
11	<p>12 BC <u>Tai Ji Quan 9am</u> Yoga 10am</p>	<p>13 BC SilverStrength 10am Strength 4:15pm Jenn Zumba 5pm Tae Kwon Do 6:15pm</p>	<p>14 FitRow 5:45am <u>Tai Ji Quan 9am</u> Gentle Yoga 4:30pm Vinyasa Yoga 5:30pm JRow 6:45pm</p>	<p>15 BC SilverStrength 10am Cindi Zumba 5pm JRow 6:15pm</p>	<p>16 FitRow 5:45am Yoga 10am Tae Kwon Do 6:30pm</p>	
	<p>19 BC <u>Tai Ji Quan 9am</u> Yoga 10am</p>	<p>20 BC SilverStrength 10am Jenn Zumba 5pm Tae Kwon Do 6:15pm JRow 6:15pm</p>	<p>21 FitRow 5:45am <u>Tai Ji Quan 9am</u> Gentle Yoga 4:30pm Vinyasa Yoga 5:30pm JRow 6:45pm</p>	<p>22 BC SilverStrength 10am Strength 4:15pm Jenn Zumba 5pm Tae Kwon Do 6:30pm</p>	<p>23 FitRow 5:45am Yoga 10am Tae Kwon Do 6:30pm</p>	24
25	<p>26 BC <u>Tai Ji Quan 9am</u> Yoga 10am JRow 6:15pm</p>	<p>27 BC SilverStrength 10am Cindi Zumba 5pm Tae Kwon Do 6:15pm JRow 6:15pm</p>	<p>28 FitRow 5:45am <u>Tai Ji Quan 9am</u> Gentle Yoga 4:30pm Vinyasa Yoga 5:30pm JRow 6:45pm</p>	<p>29 BC SilverStrength 10am Strength 4:15pm Jenn Zumba 5pm Tae Kwon Do 6:30pm</p>	<p>30 FitRow 5:45am Yoga 10am Tae Kwon Do 6:30pm</p>	31