






Sun	Mon	Tue	Wed	Thu	Fri	Sat
507-831-0672					1 <i>Fit Row 5:45am</i> <i>Lake Yoga 6:30 am</i> <i>JRow 5pm</i>	2
3	 HAPPY LABOR DAY!	5 <i>BC</i> <i>SilverSneakers 10am</i> <i>Cindi Zumba 5pm</i>	6 <i>Fit Row 5:45am</i> <i>Gentle Yoga 4:30pm</i> <i>Vinyasa Yoga 5:30pm</i> <i>JRow 6:45pm</i>	7 <i>BC</i> <i>SilverSneakers 10am</i> <i>JRow 6:30pm</i>	8 <i>Fit Row 5:45am</i> <i>Yoga w/Chris 10am</i> <i>JRow 5pm</i>	9 <i>Lake Yoga 8am</i>
10	11 <i>BC</i> <i>Yoga w/ Chris 10am</i>	12 <i>BC</i> <i>SilverSneakers 10am</i> <i>Cindi Zumba 5pm</i> <i>JRow 6:30pm</i>	13 <i>Fit Row 5:45am</i> <i>Gentle Yoga 4:30pm</i> <i>Vinyasa Yoga 5:30pm</i>	14 <i>BC</i> <i>SilverSneakers 10am</i> <i>Strength 4:15pm</i> <i>Jenn Zumba 5pm</i> <i>JRow 6:30pm</i>	15 <i>Fit Row 5:45am</i> <i>Yoga w/Chris 10am</i> <i>JRow 5pm</i>	
17	18 <i>BC</i> <i>Yoga w/ Chris 10am</i>	19 <i>BC</i> <i>SilverSneakers 10am</i> <i>Cindi Zumba 5pm</i> <i>JRow 6:30pm</i>	20 <i>Fit Row 5:45am</i> <i>Gentle Yoga 4:30pm</i> <i>Vinyasa Yoga 5:30pm</i>	21 <i>BC</i> <i>SilverSneakers 10am</i> <i>Strength 4:15pm</i> <i>Jenn Zumba 5pm</i> <i>JRow 6:30pm</i>	22 <i>Fit Row 5:45am</i> <i>Yoga w/Chris 10am</i> <i>JRow 5pm</i>	23 <i>Lake Yoga 8am</i>
 HAPPY AUTUMN	25 <i>BC</i> <i>Yoga w/ Chris 10am</i>	26 <i>BC</i> <i>SilverSneakers 10am</i> <i>Cindi Zumba 5pm</i> <i>JRow 6:30pm</i>	27 <i>Gentle Yoga 4:30pm</i> <i>Vinyasa Yoga 5:30pm</i>	28 <i>BC</i> <i>Strength 4:15pm</i> <i>Jenn Zumba 5pm</i> <i>JRow 6:30pm</i>	29 <i>Yoga w/Chris 10am</i> <i>JRow 5pm</i>	30 <i>Lake Yoga 8am</i>